

Garam Masala

1. 1/3 cup cumin seeds (jeera), 40 gram
2. 2-1/2 tablespoons black pepper (kale mirch), 20 gram
3. 1/4 cup whole black cardamom (kali ilachi), 20 gram
4. 2-1/2 tablespoons cinnamon powder (dal cheene), 20 gram
5. 1 cup packed bay leaves (tajpat), 20 gram
6. 1/4 cup cloves (long), 20 gram
7. 2 teaspoons mace powder (javantri), 8 gram
8. 2 teaspoons nutmeg powder (jaiphal), 8 gram